

BECOMING WHO You ARE DESIGNED To BE

SIMA[®] 10-Step Program



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Table of Contents

Introduction / 3

Using **my** MAP to understand **my** unique design

Step 1: Understanding how the parts of my MAP fit together / 5

Step 2: Understanding how my MAP influences my emotions / 13

Step 3: Understanding the "dark side" of my strengths / 21

Using **my** MAP to understand how I fit in **my** work

Step 4: Identifying my ideal type of work / 33

Step 5: Improving my current job fit / 43

Step 6: Knowing how high to climb / 55

Using my MAP to understand how I relate to others

Step 7: Using MAPs to understand personal conflicts / 69

Step 8: Getting the help I need from others / 81

Step 9: Managing the activities that drag me down / 93

Putting it all together

Step 10: Integrating my MAP into my whole life plan / 103

Conclusion / 113

Introduction

Congratulations on getting your SIMA® MAP®! It is an extremely powerful tool for understanding and maximizing your innate giftedness. Discovering that you have a definable motivational pattern and reviewing its basic elements with a SIMA Coach are first steps in your exciting journey of becoming who you are designed to be.

But there is a huge difference between having an initial review of your MAP and maximizing its potential. Your MAP is too important to be reviewed and then merely filed away. It is vital that you take the next steps to cultivate a real working knowledge of your MAP. This ten-step program has been created to help you become more skillful in making the most of your MAP.

Few things that are worthwhile come easily. So, it will take a serious effort for you to master your MAP. To complete these ten steps, you will have to think deeply about your unique design, how you fit in your work, and how you relate to others. You will pursue new knowledge, reflect on your understanding, and share what you are learning with others. But the benefits far outweigh the cost when you realize that this short-term effort is a long-term investment in *becoming who you are designed to be*.

The Learning Process

This ten-step program is designed for you to engage in a four-part learning process at each step along the way. This four-part process is based on a holistic approach to learning that integrates new knowledge with life experience and private reflection with community interaction. In each step of this program you will consult the SIMA knowledge-base, reflect on your MAP, share your projects, and discuss your insights.

LU Consult the SIMA Knowledge-Base

The first part of the learning process connects you with the primary sources at the core of SIMA. In this phase, you will learn from the writings of experts such as Arthur F. Miller Jr, the founder of SIMA and People Management

International, who draws on his 50 years of research and consulting on innate human giftedness. Your understanding of your MAP will be greatly enriched by the keen insights passed on by Art and the growing body of literature on SIMA.

Reflect on My MAP

The second part of the learning process gives you a chance to think through your MAP on your own. Along with any relevant insights which you may have gleaned from the SIMA experts, you bring your own knowledge and experience to bear on your own analysis and application of your MAP. In this phase, you work on practical projects which help you to reflect on your MAP and draw out many of its rich implications for your life.

Share My Projects

The third part of the learning process involves a few of your close family members, friends or co-workers who help you verify and clarify your emerging understanding of your motivational pattern. As you complete projects from the previous phase, you ask a few people who know you well to read your projects and give you candid feedback. You then may use their input to confirm or revise your projects.

Discuss My Insights

The fourth part of the learning process involves a few others who are also working through the SIMA ten-step program. In this phase, you meet as a small group to share your projects with one another and discuss the implications of your MAPs under the guidance of a skilled discussion leader. By the end of this phase you should be encouraged, enlightened, and prepared to launch into the next cycle of the learning process.